



8850 Midsouth Drive, #466  
Olive Branch, MS 38654  
901.221.2987 (o)  
901.221.2987 (f)  
admin@iaqinspect.com  
www.iaqinspect.com

**Limited Indoor Air Quality Assessment Report**  
at

**CLIENT NAME**

ANY ADDRESS  
ANY CITY, ST ZIP



**SAMPLE**

**Report Prepared for:**

CLIENT INFO

**Dated:**



**SAMPLE**



## Contents

|   |    |  |                              |
|---|----|--|------------------------------|
| DISCLAIMER .....  | 5  | HEALTH EFFECTS OF AIR PRESSURE .....               | 14                           |
| SCOPE OF WORK .....   | 5  | WHY SAMPLE FOR BACTERIA .....                      | 15                           |
| METHODOLOGY .....   | 5  | SITE INFORMATION .....                             | 15                           |
| Methodology Definition .....                                  | 5  | OUTDOOR AMBIENT READINGS .....                     | 16                           |
| Visual inspection: .....                                      | 5  | OUTDOOR AMBIENT GAS READINGS .....                 | 16                           |
| Real-time Measurement of IAQ Parameters: .....                | 5  | OUTDOOR AMBIENT PARTICULATES / DUST READINGS ..... | 16                           |
| PID (Photo Ionization Detector): .....                        | 5  | INDOOR AIR QUALITY TAKE GAMES DATA READING .....   | 16                           |
| Air sampling for MICROBIAL GROWTH spores: .....               | 6  | Location .....                                     | 16                           |
| SITE SPECIFIC SURVEY LIMITATIONS .....                        | 6  | Basement .....                                     | 16                           |
| EXECUTIVE SUMMARY .....                                       | 7  | 1st Floor .....                                    | Error! Bookmark not defined. |
| SUMMARY OF FINDINGS AND PLAN OF ACTION FOR ANY ADDRESS .....  | 7  | 2nd Floor .....                                    | Error! Bookmark not defined. |
| IAQ RATING COMPOSITION BY FLOOR (FUNGAL AND NON-FUNGAL) ..... | 7  | 3rd Floor .....                                    | Error! Bookmark not defined. |
| INTERPRETATION OF TABLE .....                                 | 7  | OFFICIAL BREATHABLE PARTICLES READINGS ..          | 16                           |
| PROPOSED ACTION PLAN .....                                    | 9  | Basement .....                                     | Error! Bookmark not defined. |
| POLLUTANTS PATHWAY AND DRIVING FORCES .....                   | 9  | 1st Floor .....                                    | Error! Bookmark not defined. |
| CONDITIONS FOR HUMAN OCCUPANCY .....                          | 9  | 3rd Floor .....                                    | Error! Bookmark not defined. |
| HEALTH EFFECTS OF CO .....                                    | 11 | 4th Floor .....                                    | Error! Bookmark not defined. |
| HEALTH EFFECTS OF HCHO .....                                  | 12 | EQUIPMENT USED .....                               | 17                           |
| HEALTH EFFECTS OF TVOC .....                                  | 12 | APPENDIX I – SAMPLES LOCATION DRAWINGS ...         | 18                           |
| HEALTH EFFECTS OF CO2 .....                                   | 12 | APPENDIX II – OFFICIAL LAB TESTING REPORTS         | 19                           |
| HEALTH EFFECTS OF O3 .....                                    | 13 | BACTERIA SAMPLING REPORT .....                     | 20                           |
| HEALTH EFFECTS OF OZONE .....                                 | 13 | FUNGALS SAMPLING REPORT .....                      | 21                           |
| HEALTH EFFECTS OF OZONE .....                                 | 13 | APPENDIX III – INSPECTION PICTURES .....           | 22                           |
| HEALTH EFFECTS OF OZONE .....                                 | 14 |  |                              |

SAMPLE



## ABBREVIATIONS AND ACRONYMS

|                 |   |
|-----------------|---|
| AHU             | Air-Handling Unit   |
| AIHA            | American Industrial Hygiene Association                                   |
| ASHRAE          | American Society of Heating, Refrigerating and Air-Conditioning Engineers |
| ASTM            | American Society for Testing and Materials                                |
| CO              | Carbon Monoxide   |
| CO <sub>2</sub> | Carbon Dioxide  |
| EMLAP           | Environmental Microbiology Laboratory Accreditation Program               |
| HVAC            | Heating, Ventilating, And Air-Conditioning                                |
| IAQ             | Indoor Air Quality  |
| IAQI            | Indoor Air Quality Inspectors Inc.  |
| NIST            | National Institute for Standards and Technology                           |
| NVLAP           | National Voluntary Laboratory Accreditation Program                       |
| RH              | Relative Humidity   |
| RM              | Risk Manager  |
| HCHO            | Formaldehyde  |
| TVOC            | Total Volatile Organic Compounds  |
| O <sub>3</sub>  | Ozone   |
| OSHA            | Occupational Safety and Health Administration                             |
| EPA             | Environmental Protection Agency   |
| NAAQS           | National Ambient Air Quality Standards                                    |
| PACM            | Particulate Matter Associated Asbestos-Containing Material                |
| S- ELEVATED     | Slightly Elevated   |
| PELS            | Permissible Exposure Limits   |
| WDB             | Water Damaged Building  |
| µm              | Micro   |

Abbreviations involving scientific volume and measurements involving media or air sampling

|                       |                                      |
|-----------------------|--------------------------------------|
| Spores/m <sup>3</sup> | Fungal spores per cubic meter of air |
| LPM                   | Liters Per Minute                    |
| NTE                   | Not to exceed                        |
| °F degree             | Fahrenheit                           |
| PPM                   | Parts Per Million                    |
| MG/M <sup>3</sup>     | Milligram Per Cubic Meter            |



DATE

CLIENT NAME  
ANY ADDRESS  
ANY CITY, ST ZIP

Attention: CLIENT NAME

Subject: Limited Indoor Air Quality Assessment Report

Indoor Air Quality Inspectors Inc. has completed this first Indoor Air Quality Assessment Report for the above referenced location.

This Report has been prepared based on observations made and sample data collected during DATE building investigation.

Opinions made or formed, other than those expressed here, are those of the reader and in no way shall obligate Indoor Air Quality Inspectors Inc. The findings presented in this Report are representative of the date and times that the readings were collected. The findings presented herein should not be used or relied upon to evaluate air quality measurements obtained at significantly later dates.

If you have any questions, please feel free to contact our office at (901) 221-2987.

INDOOR AIR QUALITY INSPECTORS INC.

Sincerely,

INSPECTOR

**SAMPLE**



## DISCLAIMER

This is Indoor Air Quality Inspectors Inc's (IAQI) report of a walk-through, visual survey and an on-site measurement of the parameters described in this report. The test results only apply to those rooms or spaces that were tested and that are specifically described during the course of this survey. This document may not be copied or distributed without written permission from Indoor Air Quality Inspectors Inc. Information provided in this document is provided "as is" without warranty of any kind, either expressed or implied, including but not limited to the implied warranties of merchantability and fitness for a particular purpose. Government and industry guidelines, vendor product specifications and other information gathered from other sources are always evolving. The included information has been provided for informational purposes, at the best effort Indoor Air Quality Inspectors Inc to be up-to-date. However, Indoor Air Quality Inspectors Inc. takes no responsibility for errors or omissions in the text provided on the subject of government and Industry guidelines, vendor product specifications or other information gathered from other sources and included in this document.

## SCOPE OF WORK

The purpose of the survey was to locate, identify, sample, and assess the condition of the building's indoor air quality.

The indoor air quality inspection was performed in conformity with modified protocols set forth by the Environmental Protection Agency (EPA), National Ambient Air Quality Standards (NAAQS) and Occupational Safety and Health Administration (OSHA).

## METHODOLOGY

Our inspection included a visual assessment of indoor air quality, laser particulate sampling, photo ionization Detector (PID) sensors for gases and VOC, formaldehyde detection, digital moisture analyzing and Zefon bio air sampling. We utilized an air blower to agitate the site pre-inspection.

**These methods were applied to every site zone tested in this facility. The report will be sort into floors and zones for comparison, analysis and clarity.**

### Methodology Deviation

**Visual Inspection:** A walk-through of the facility was performed to document the status of general conditions and issues that could affect healthy indoor air quality. Doing this time each floor area was divided into zones for clarity and simplicity in reporting inspection findings.

**Real-time Measurement of IAQ Parameters:** Real-time measurements of comfort parameters (i.e., temperature, relative humidity and respirable particulate matter) in the air with sizes at (PM0.3µm (micrometer), PM0.5µm, PM1.0µm, PM2.5µm and PM10µm size classes) were obtained using calibrated portable digital instruments for 1 (one) minute per sample. Afterwards the measurements were compared with relevant industry standards and guidelines.

**PID (Photo Ionization Detector):** A photoionization detector (PID) is a non-specific tool for measuring levels of VOCs in air gas detector that can be used to monitor indoor air quality. PIDs measure volatile organic compounds (VOCs) and other gases in concentrations from sub parts per billion to 10,000 parts per million



(ppm). We allowed the PID to operate continually as we evaluated the conditions of the building. Snapshot readings were recorded within each zone.

**Air sampling for MICROBIAL GROWTH spores:** Air samples for non-viable fungal spores were collected in representative locations where IAQ screening was performed with 2 and 5 minutes per sample. The timing of the samples was based on factors such as background debris, weather conditions, and people (i.e. close proximity). With these factors in mind helps ensure a more successful sampling process.

**Additionally, two ambient (outdoors) set of IAQ measurements on windward and leeward sides** were collected for comparison to indoor measurements. Non-viable fungal spore samples were collected on Air-O-Cell cassettes using a Zefon calibrated pump.

**Microbial Particulates sample analysis:** Microbial samples (including a field blank for quality assurance) reshipped under strict chain-of-custody procedures to HSL Analytical, Inc., an AIHA-Approved Laboratory for testing and reporting.

#### SITE SPECIFIC SURVEY LIMITATIONS

The data presented and the opinions expressed in this report are qualified as follows:

1. This environmental report has been prepared for the exclusive use of the CLIENT NAME (the "Client"), and is subject to, and is issued in connection with our agreement and understanding. Any use or reliance upon information provided in this report without the specific written authorization of the Client and Indoor Air Quality Inspectors, Inc. (IAQI) shall be at the user's individual risk.
2. IAQI has obtained and relied upon information from multiple sources to form certain conclusions regarding the Site when conducting this assessment. Except as otherwise noted, no attempt has been made to verify the accuracy or completeness of such information or verify compliance by any party with federal, state or local laws or regulations.
3. IAQI has obtained and relied upon laboratory analytical results in conducting the sampling. This information was used to form conclusions regarding the types and quantities of bio-aerosols and Fungal at the Site. IAQI has not performed an independent review of the reliability of this laboratory data.
4. The findings, observations and conclusions presented in this report are limited by the scope of services provided in our Agreement, which reflects schedule and budgetary constraints imposed by Client. Furthermore, the assessment has been conducted in accordance with generally accepted environmental practices. No other warranty, expressed or implied, is made.
5. The conclusions presented in this report are based solely upon information gathered by IAQI to date. Should further environmental or other relevant information be discovered at a later date, the Client should immediately bring the information to IAQI's attention. Based upon an evaluation and assessment of relevant information, IAQI may modify this report and its conclusions.



## EXECUTIVE SUMMARY

Indoor Air Quality Inspectors, Inc. (IAQI) was contracted by CLIENT NAME to conduct an Indoor Air Quality Assessment of the building located at ANY ADDRESS, Memphis, Shelby County, Tennessee.

The IAQ assessment was conducted at CLIENT NAME on April 4<sup>th</sup> and April 6<sup>th</sup> 2024 by Tracy Peoples, Council-certified Indoor Environmental Consultant by Council for Engineering and Scientific Specialty Professions (CESB). (Certification #2204022, Expiration 04/30/2024. The RM required that the testing be based on the American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE), Environmental Protection Agency (EPA), National Ambient Air Quality Standards (NAAQS) and Occupational Safety and Health Administration (OSHA) guidelines.

The IAQI test consist of the following major indoor air pollutants:

- Fungal
- Non-Fungal Particles
- Inhalable Particle (Dust)
- Volatile Organic Compounds (VOC)
- Formaldehyde (HCHO)

In accordance with ASHRAE, IAQI also took measurements of the following at different levels in the building:

- Carbon Dioxide
- Carbon Monoxide
- Relative Humidity
- Ozone
- Temperature

## SUMMARY OF FINDINGS AND PLAN OF ACTION FOR ANY ADDRESS.

- **FUNGAL** – IAQI conducted specific Fungal sampling outside the building to obtain a baseline of the number and types of fungal spores and non-fungal particles in the air. This baseline was compared to the spores and particles collected at the sampling locations since inside spores and particles counts above baseline could indicate internal sources of Fungal particles.

o **Findings**

### IAQ RATING COMPARISON BY FLOOR (FUNGAL AND NON-FUNGAL) per EMSL LABS

TABLE-3: ACCEPTABLE      SE – SLIGHTLY ELEVATED      EL - ELEVATED

#### INTERPATATION OF RESULTS

##### 1. BASEMENT LEVEL –

- 27% of the sampled Air Quality contains Acceptable levels of Fungal matter.
- 73% of the sampled Air Quality contains Slightly Elevated levels of Fungal matter.
- 73% of the sampled Air Quality contains Acceptable levels of non-Fungal particles.
- 6% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.

##### 2. 1<sup>ST</sup> FLOOR-

- 4% of the sampled Air Quality contains Acceptable levels of Fungal matter.
- 4% of the sampled Air Quality contains Elevated levels of Fungal matter.
- 41% of the sampled Air Quality contains Slightly Elevated levels of Fungal matter.
- 85% of the sampled Air Quality contains Acceptable levels of non-Fungal particles.
- 15% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.

##### 3. 2nd FLOOR-

- 25% of the sampled Air Quality contains Acceptable levels of Fungal matter.





- b. 31% of the sampled Air Quality contains Elevated levels of Fungal matter.
- c. 44% of the sampled Air Quality contains Slightly Elevated levels of Fungal matter.
- d. 66% of the sampled Air Quality contains Acceptable levels of non-Fungal particles.
- e. 34% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.

**4. 3rd FLOOR-**

- a. 19% of the sampled Air Quality contains Acceptable levels of Fungal matter.
- b. 51% of the sampled Air Quality contains Elevated levels of Fungal matter.
- c. 30% of the sampled Air Quality contains Slightly Elevated levels of Fungal matter.
- d. 19% of the sampled Air Quality contains Acceptable levels of non-Fungal particles.
- e. 51% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.
- f. 30% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.

**5. Penthouse FLOOR-**

- a. 100% of the sampled Air Quality contains Elevated levels of Fungal matter.
- b. 50% of the sampled Air Quality contains Acceptable levels of non-Fungal particles.
- c. 50% of the sampled Air Quality contains Slightly Elevated levels of non-Fungal particles.

**6. ANY ADDRESS Total Building Indoor Air Composition**

- a. 8% of the sampled Air Quality contains Acceptable National Levels.
- b. 64% of the sampled Air Quality contains Elevated levels of Fungal matter.
- c. 28% of the sampled Air Quality contains Elevated levels of non-Fungal matter.

7. Bacteria- Bacteria was found in every sample taken (Bacillus megaterium, Bacillus cereus Bacillus plakortidis)- See attached report for more information,

8. VOCs - Levels of volatile organic compounds (VOCs) recorded at each location were within acceptable range compared to OSHA PELs.

9. Formaldehyde - the levels of formaldehyde recorded at each location were within an acceptable range, compared to OSHA PELs.

10. Carbon monoxide - concentrations in all areas were less than the EPA, and ASHRAE recommended a limit of 9 ppm.

11. Carbon dioxide - concentrations in all tested spaces were less than the ASHRAE limit of 1,092 ppm.

12. Temperature - none of the tested spaces had temperatures greater than the ASHRAE recommended levels.

13. RH - the relative humidity in all tested spaces was within the ASHRAE guidelines of  $\leq 67\%$  and for this investigation,  $\leq 65\%$ . None of the tested locations had a relative humidity greater than 65%.

14. Dew Point- The levels of Dew Point recorded at each location were within acceptable ranges compared to EPA PELs.



15. **Pressure (PA)**- The levels of air pressure recorded at each location were within acceptable ranges compared to ASHRAE PELS, but some areas experience unusual zero or negative pressure.

### PROPOSED ACTION PLAN

To address these findings, IAQI makes the following **ACTION PLAN**:

### POLLUTANTS PATHWAY AND DRIVING FORCES

Based on the summary of information gathered, the possible pathways to pollutants are as follows:

- Air pressure differences created by positive and negative forces move the pollutants from areas of higher pressure to areas of lower pressure through any available openings in building walls, ceilings, floors, doors, windows, and HVAC systems.
- Ongoing building moisture intrusion problems.
- Inability to encapsulate source of pollutants from the upper and lower levels of the building allowing fewer pollutants to expose the building's inhabitants and indoor air quality.
- Lack of performance of Exhaust systems to remove excessive particles and fungal.
- Substandard ventilation system that provides poor thermal control, airflow, fresh air intake and pollutants filter.

**The Overall Building Rating is- ELEVATED RISK FACTORS= UNHEALTHY BUILDING**

|                  |  |  |
|------------------|--|--|
| <p>Unhealthy</p> | <p>When air quality in this building, everyone who is a regular indoors may experience effects. Members of sensitive groups are likely to experience more serious effects.</p> | <p>Active children and adults, and people with respiratory disease, such as asthma, should limit prolonged indoor exertion; everyone else, especially children, should limit prolonged indoor exertion</p> |
|------------------|--|--|

### CONDITIONS FOR HUMAN OCCUPANCY

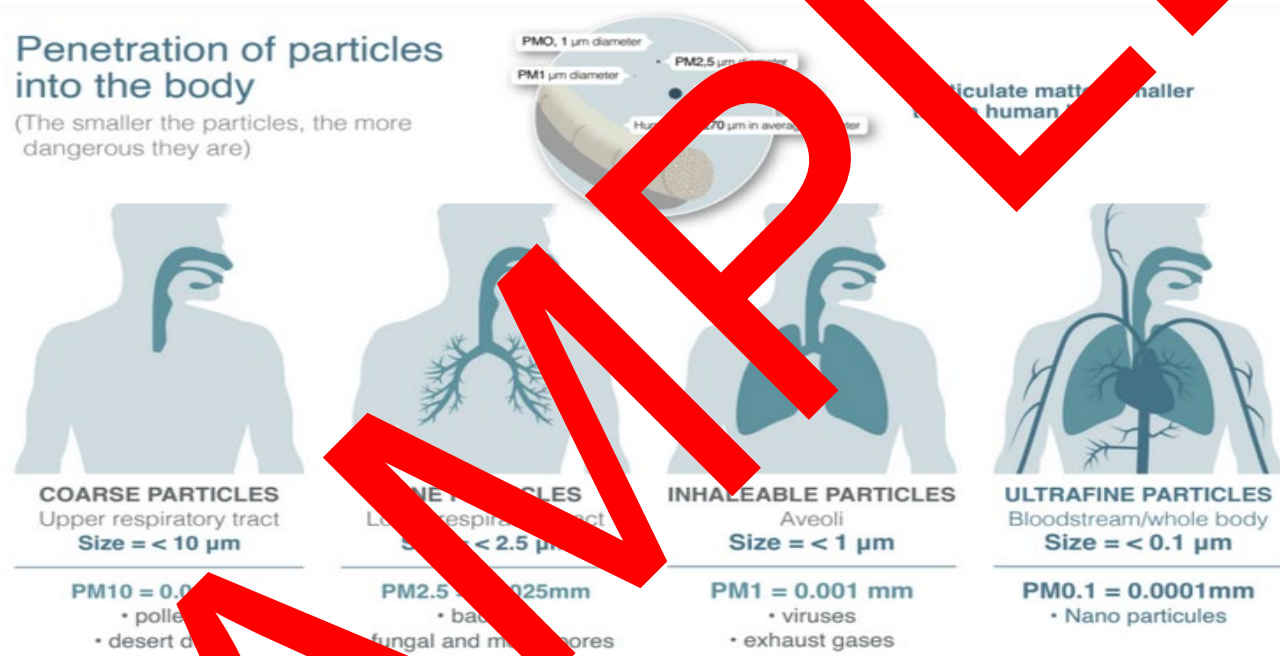
#### HEALTH EFFECTS OF PARTICULATE MATTER

The effects of PM on health occur at levels of exposure currently being experienced by most urban and rural populations in both developed and developing countries. Chronic exposure to particles contributes to the risk of developing cardiovascular and respiratory diseases, as well as of lung cancer. In developing countries, exposure to pollutants from indoor combustion of solid fuels on open fires or traditional stoves increases the risk of acute lower respiratory infections and associated mortality among young children; indoor air pollution from solid fuel use is also a major risk factor for chronic obstructive pulmonary disease and lung cancer among adults. The mortality in cities with high levels of pollution exceeds that observed in relatively cleaner cities by 15–20%. Even in the EU, average life expectancy is 8.6 months lower due to exposure to PM2.5 produced by human activities<sup>1</sup>. It is



unlikely that one standard or guideline will lead to complete protection to the health effects of particulate matter. Particulates less than 10  $\mu\text{m}$  diameter are the most dangerous because they are inhalable and can get deep in to your lungs and even your bloodstream. Due to this, some of the health effects are increased respiratory symptoms such as irritation of the airways, coughing, or difficulty breathing; i.e., -decreased lung capacity -aggravated asthma -development of chronic bronchitis -irregular heart beat -non-fatal heart attacks -premature death of people with heart or lung diseases. People that already have heart or lung diseases, children and older people are the ones affected the most.

Sources: 1 World Health Organization Guideline, indoor & outdoor, updated Sept. 2011 <http://www.who.int/mediacentre/factsheets/fs313/>



### WHY MEASURE PARTICULATES?

PM affects more people than any other pollutant. It consists of a complex mixture of solid and liquid particles of both organic and inorganic substances suspended in the air. The particles are often identified according to their aerodynamic diameter, either PM10 (particles with an aerodynamic diameter smaller than 10  $\mu\text{m}$ ) or PM2.5 (particles with an aerodynamic diameter smaller than 2.5  $\mu\text{m}$ ). The latter are more dangerous since, when inhaled, they manage to penetrate the peripheral regions of the bronchioles, and interfere with gas exchange inside the lungs<sup>1</sup>.

Comparing indoor particle counts or particle mass concentration to outdoor counts/concentration provides information regarding the effectiveness of filtration, as well as for the potential that there are indoor sources contributing to airborne particulate matter. Many investigators have developed experience with elevated particle counts in specific particle size ranges to provide additional clues towards determining the potential sources of these particles. For example, tobacco smoke is known to be in the .01 to 1.0-micron size range, and pollens are typically >10 microns.



Establishing a baseline of particulate data to compare to when complaints arise, or when construction is in progress or after changes have been made to an occupied space can provide valuable information to a Facility Manager, Building Owner or IAQ investigator.

In some cases, tracking increasing particulate levels may be used to "bloodhound" a source of airborne particulate. Elevated particulate, in the absence of a known source, may also indicate justification for air sampling, to be sent out for detailed laboratory analysis of the chemical composition of the particulates.

Sources: 1 World Health Organization Guideline, indoor & outdoor, updated Sept. 2011 <http://www.who.int/mediacentre/factsheets/fs282/>

## TEMPERATURE

Conditions for Human Occupancy are addressed in ASHRAE Standard 55-2017. These standards are designed to provide comfort for an estimated 80% of occupants. The standard provides for a temperature range between approximately 67 and 82 °F. A more specific range based on relative humidity, season, clothing worn, activity levels, and other factors can be determined. For example, the standard does not specify a lower humidity range but notes that issues of comfort, skin irritation, dry mucous membranes, and static electricity may arise when the relative humidity is less than 30%. ASHRAE Standard 62.1-2016 does recommend an upper limit of 67% humidity to avoid conditions conducive to microbial growth. For this investigation, IAQI used a conservative upper limit of 65%. The recommended ASHRAE temperature range for schools and office spaces in summer is 75°F-80.5°F.

## HEALTH EFFECTS OF WDB

The health of those who live, attend school, or work in damp buildings has been a growing concern for years. This is due to a large range of reported building-related symptoms and illnesses. Research has found that people who spend time in damp buildings report health problems including the following:

- Respiratory symptoms (runny nose, throat, lungs)
- Asthma developing or getting worse
- Development or worsening of asthma
- Hypersensitivity pneumonitis (a rare lung disease caused by an immune system response to breathing bacteria, fungi, organic dusts, and chemicals)
- Respiratory infections
- Allergic rhinitis (often called "hay fever")
- Bronchitis
- Eczema

Exposure to damp buildings are complex. They vary from building to building and in different places within a building. Moisture allows indoor mold to multiply on building materials and surfaces. People inside buildings may be exposed to microbes and their structural components, such as spores and fungal fragments. Mold may produce substances that can cause or worsen health problems. These substances vary depending on the mold species and on conditions related to the indoor environment. Moisture can also attract cockroaches,



rodents, and dust mites. Moisture-damaged building materials can release volatile organic compounds that can also cause health problems.

Researchers have not found exactly how much exposure to dampness-related substances it takes to cause health problems. Studies report that finding and correcting sources of dampness is more effective at preventing health problems than counting indoor microbes.

### HEALTH EFFECTS OF HCHO

Formaldehyde (HCHO), a colorless, pungent-smelling gas, can cause watery eyes, burning sensations in the eyes and throat, nausea, and difficulty in breathing in some humans exposed at elevated levels (above 0.1 parts per million). High concentrations may trigger attacks in people with asthma. There is evidence that some people can develop sensitivity to formaldehyde. It has also been shown to cause cancer in animals and may cause cancer in humans. Health effects include eye irritation, nose and throat irritation, sneezing and coughing; fatigue; skin rash; severe allergic reactions. The US National Institute of Health's National Toxicology Program<sup>1</sup>, as of June 2011, now considers HCHO a known human carcinogen, while the USEPA describes it as a probable human carcinogen<sup>2</sup>. The World Health Organization's International Agency on Cancer (IRAC)<sup>3</sup> has designated HCHO as the cause of several types of nose and throat cancer.

Sources:

<sup>1</sup> NIEHS (NIH) <http://www.niehs.nih.gov/health/materials/formaldehyde.pdf>

<sup>2</sup> USEPA <http://www.epa.gov/iaq/formaldehyde.html>

<sup>3</sup> IRAC (WHO) <http://monographs.iarc.who.int/monographs/vol8/formaldehyde/>

### HEALTH EFFECTS OF TVOC

In sufficient quantities, some VOCs can cause eye, nose and throat irritation; headaches, loss of coordination, nausea; damage to liver, kidney, and central nervous system. Some organics can cause cancer in animals; some (such as benzene) are suspected or known to cause cancer in humans. Key signs or symptoms associated with exposure to VOCs include conjunctival irritation, nose and throat discomfort, headache, allergic-like reactions, dyspnea, declines in serum cholinesterase levels, nausea, emesis, epistaxis, fatigue, dizziness.

The ability of organic chemicals to cause health effects varies greatly from those that are highly toxic, to those (such as Acetic Acid in approximately 5% component of vinegar) with no known health effect. As with other pollutants, the extent and nature of the health effect will depend on many factors including level of exposure and length of time exposed. Eye and respiratory tract irritation, headaches, dizziness, visual disorders, and memory impairment are among the immediate symptoms that some people have experienced soon after exposure to some organics. At present, not much is known about what health effects occur from the many organics usually found in buildings or homes.

### HEALTH EFFECTS OF CO2

Carbon Dioxide is very rarely a pollutant of direct health concern itself. Rather, because building occupants exhale CO<sub>2</sub> (at close to 40,000 ppm) the CO<sub>2</sub> that they breathe out is used as a tracer gas that is an excellent indicator of adequate (or inadequate) ventilation. Insufficient ventilation can lead to occupant complaints of



discomfort and reduced productivity as human and building generated pollutants build up. So combinations of these elevated pollutants may have short or long-term detrimental health effects.

CO<sub>2</sub> will generally only be of concern as a toxic gas itself in industrial processes where bottled CO<sub>2</sub> gas is utilized, such as breweries, or when there is an inadequately ventilated combustion process where the other combustion gases (e.g. CO, NO, NO<sub>2</sub>) will usually be of much greater concern. Typical worker exposure limits, for average 8-hour exposures, are 5000ppm CO<sub>2</sub> or higher, and short-term worker exposure limits are typically 30,000ppm or higher.

However, recent research conducted by the Lawrence Berkeley National Laboratory (LBNL)<sup>1</sup> in California indicates that the CO<sub>2</sub> itself may contribute to a reduction in creative, memory and typing skills even at low levels <2000ppm.

Sources: <sup>1</sup>LBNL, Elevated Indoor Carbon Dioxide Impairs Decision Making Performance 2012

### HEALTH EFFECTS OF CO

The target organs that Carbon Monoxide effects are the cardiovascular system, lungs, blood, and the central nervous system. Carbon Monoxide in low concentrations can cause fatigue in healthy people and chest pain in people with heart disease. At moderate concentrations, impaired vision and coordination; headaches; dizziness; confusion; nausea; hallucinations; cyanosis (appearance of blue or purple coloration in skin). Can cause flu-like symptoms that clear up after leaving the space that contains the elevated concentrations. May be fatal at very high concentrations.

Acute effects are due to the formation of carboxyhemoglobin in the blood, which inhibits oxygen intake leading to reduced brain function.

### HEALTH EFFECTS OF OZONE

Ozone is a molecule composed of three atoms of oxygen. Two atoms of oxygen form the basic oxygen molecule--the oxygen we breathe--which is essential to life. The third oxygen atom can detach from the ozone molecule, and re-attach to molecules of other substances, thereby altering their chemical composition<sup>1</sup>.

Exposure to ozone in the air can have a marked effect on human health. It can cause breathing problems, trigger asthma, reduce lung function and cause lung diseases. In Europe it is currently one of the air pollutants of greatest concern. Several European studies have reported that the daily mortality rises by 0.3% and that heart diseases by 0.4%, per 10 µg/m<sup>3</sup> increase in ozone exposure<sup>2</sup>.

Ozone can:

- cause acute respiratory problems;
- aggravate asthma;
- cause significant temporary decreases in lung capacity of 15 to over 20 percent in some healthy adults;
- cause inflammation of lung tissue;
- lead to hospital admissions and emergency room visits;



- impair the body's immune system defenses, making people more susceptible to respiratory illnesses, including bronchitis and pneumonia.

#### Who is Most at Risk from Exposure to Ozone?

- Children, older adults, and active people are most at risk from exposure to ozone.
- Asthmatics: Asthma is a growing threat to children and adults.
- Ozone can aggravate asthma, causing more asthma attacks, increased use of medication, more medical treatment and more visits to hospital emergency clinics.
- Healthy Adults: Even moderately exercising healthy adults can experience 15 to over 20 percent reductions in lung function from exposure to low levels of ozone over several hours.
- Damage to lung tissue may be caused by repeated exposures to ozone -- something like repeated sunburns of the lungs -- and this could result in a reduction in the quality of life as people age. Results of animal studies indicate that repeated exposure to high levels of ozone for several months or more can produce permanent structural damage in the lungs.

#### Sources:

<sup>1</sup>USEPA Ozone Generators that are Sold as Air Cleaners [http://www.epa.gov/oaqgs/publications/ozonegen.html#what\\_is\\_ozone](http://www.epa.gov/oaqgs/publications/ozonegen.html#what_is_ozone)

<sup>2</sup>World Health Organization Guideline, indoor & outdoor air quality, updated Sept. 2010 <http://www.who.int/mediacentre/factsheets/fs313/en/>

#### WHY MEASURE RH?

Relative humidity indicates how moist the air is. Relative humidity can be defined as the ratio of the water vapor density (mass per unit volume) to the saturation water vapor density, usually expressed in percent. Relative humidity is also approximately the ratio of the actual to the saturation vapor pressure.

Actual vapor pressure is a measurement of the amount of water vapor in a volume of air and increases as the amount of water vapor increases. Air that attains its saturation vapor pressure has established equilibrium with a flat surface of water. That means an equal number of water molecules are evaporating from the surface of the water into the air as are condensing from the air back into the water.

Relative Humidity is among the most common of indoor air environmental factors implicated in occupant discomfort. Elevated humidity has been shown to be associated with a worsened perception of IAQ. High RH is also an indicator of conditions favorable to mold and microbial growth.

#### HEALTH EFFECTS OF AIR PRESSURE

Keeping indoor air pressure inside the house is crucial as too much positive or negative pressure can adversely affect indoor air quality. An excessive amount of positive air pressure can cause the air inside the house to be pushed outside, eliminating all the benefits associated with using air conditioning. A high level of negative air pressure, on the other hand, can draw unfiltered air inside the house, leading to the buildup of harmful pollutants. Unbalanced air pressure could have varying impacts depending on the season, temperature, and humidity levels.

#### Unbalance Air Pressure can cause:

- respiratory illnesses
- Carbon Monoxide Poisoning



- Mold Growth
- Moisture Problems

There are two major types of air pressure

- Positive air pressure indicates a higher pressure inside than outside, which forces air to escape. As a result, some of the hot or cold air your system produces is lost.
- Negative air pressure occurs when the pressure inside the house is lower than the outside pressure. When this happens, you're heating or cooling devices will have to work harder and consume more energy to move the air through your space.

### WHY MEASURE WET BULB?

Wet bulb temperature is the temperature of the air read on a thermometer covered by a white-soaked cloth or by a digital hygrometer. If wet bulb temperature is read at 100% relative humidity, wet bulb temperature would be the exact same as the dry bulb temperature. As the humidity drops, the wet bulb temperature drops as well because of evaporative cooling. This means the humidity and wet bulb temperature are directly proportional. Wet bulb is also used in determining the required superheat for an air conditioner as this reading takes into consideration the amount of humidity in the air going across the evaporator coil.

### WHY SAMPLE FOR BACTERIA?

Fungi and bacteria reproduce naturally in places that aren't regularly disinfected and cleaned. Lower-level areas and basements are two places you should work about. Spores and bacteria multiply in either dark abandoned areas or well-populated areas. Pipes, drains and other enclosed areas are also a breeding ground. These airborne pathogens can cause long-term respiratory illness if the problem isn't solved. They can also cause allergies, asthma-like illnesses, and even digestive problems.

### SITE INFORMATION

*NOTE - No accepted quantitative regulatory standards currently exist by which to assess the health risks related to MICROBIAL GROWTH and bacterial exposure. Fungal and bacteria have been associated with a variety of health effects and sensitivity varies from person to person. Several organizations, including: the American Conference of Government Industrial Hygienists (ACGIH); the American Industrial Hygiene Association (AIHA); the Indoor Air Quality Association (IAQA); the United States Environmental Protection Agency (USEPA); the Centers for Disease Control and Prevention (CDC); as well as the California Department of Health Services (CADHS), have all published guidelines for assessment and intervention of MICROBIAL GROWTH resulting from water intrusion in buildings.*

### OUTDOOR AMBIENT READINGS

Most buildings bring in outdoor air to help dilute the occupant generated pollutants and the building generated pollutants that may otherwise increase over the course of the day. Such outdoor "dilution" air is often expensive to heat or to cool before distributing within the building, so the introduction of dilution air should be optimized. There is an important balance between the comfort, productivity and health implications of distributing dilution air vs. the energy costs and related environmental impact of expending this energy related to outdoor air ventilation. While indoor air is typically more polluted than outdoor air,





under certain conditions there may be elevated pollutants in the outdoor air. Elevated outdoor pollutants may include combustion gases from nearby highways (dependent on the direction the wind is blowing), naturally occurring particulates (pollen, etc.), elevated Carbon Dioxide, Ozone or other gases during an inversion layer in cities, and so on. Therefore, it is of practical interest to compare the outdoor air measured values, to those measured indoors on the same date.

The figures below are utilized as the BASELINE for comparison of INDOOR readings.

### OUTDOOR AMBIENT GAS READINGS

| Location | HCHO              | TVOC              | CO2 | O3  | CO  | TEMP | RH   | DEW  | Pressure |
|----------|-------------------|-------------------|-----|-----|-----|------|------|------|----------|
|          | mg/m <sup>3</sup> | mg/m <sup>3</sup> | ppm | ppm | ppm | °F   | %    | °F   | psi      |
| Location | 0.02              | 0.40              | 214 | 0.9 | 0.8 | 46.3 | 52.6 | 41.4 | 0.7      |
| Location | 0.00              | 0.14              | 248 | 0.0 |     | 48.3 | 52.6 | 30.8 | 0.5      |

### OUTDOOR AMBIENT PARTICULATES / DUST READINGS

| Location | 0.3um<br>ug/m <sup>3</sup> | 0.5um<br>ug/m <sup>3</sup> | 1.0um<br>ug/m <sup>3</sup> | 2.5um<br>ug/m <sup>3</sup> | 5.0um<br>ug/m <sup>3</sup> | 10um<br>ug/m <sup>3</sup> | TEMP | RH | Pressure |
|----------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|---------------------------|------|----|----------|
| Location | 2.55                       | 1.11                       | 1.11                       | 7.94                       | 12.2                       | 15.71                     | 54   | 29 | BASELINE |
| Location | 2.40                       | 1.00                       | 1.00                       | 6.21                       | 15.7                       | 8.78                      | 57   | 26 | BASELINE |

### INDOOR AIR QUALITY IN TAKE GAS DATA READINGS

| INDUSTRY STANDARDS   | OSHA              | OSHA              | NAAQS  | NAAQS  | OSHA   | ASHRAE  | EPA   | OSHA   | EPA    | ASHRAE   | HAZARD LEVEL |
|----------------------|-------------------|-------------------|--------|--------|--------|---------|-------|--------|--------|----------|--------------|
|                      | <0.9              | <0.9              | < 1000 | < 1000 | < 50.0 | 68-79°F | < 65% | <60 °F | <88 °F | +5 pa    | LEVEL        |
|                      | HCHO              | TVOC              | CO2    | O3     | CO     | TEMP    | RH    | DEW    | TEMP   | PRESSURE |              |
|                      | mg/m <sup>3</sup> | mg/m <sup>3</sup> | ppm    | ppm    | ppm    | °F      | %     | °F     | °F     | pa       |              |
| Location<br>Basement |                   |                   |        |        |        |         |       |        |        |          |              |
| Location             | 0.03              | 0.2               | 303    | 0.0    | 0.4    | 64.4    | 57.9  | 46.6   | 52.6   | 0.4      | ACCEPTABLE   |

### OFFICIAL BREATHABLE PARTICULATES READINGS

| Test Location    | PARTICULATES SIZES |           |           |           |           |            |         | Relative Humidity %RH | Date / Time           | Hazard Level |
|------------------|--------------------|-----------|-----------|-----------|-----------|------------|---------|-----------------------|-----------------------|--------------|
|                  | RESPIRABLE         |           |           | FINE      | COARSE    |            |         |                       |                       |              |
|                  | 0.5um cum          | 1.0um cum | 2.5um cum | 2.5um cum | 5.0um cum | 10.0um cum | Temp °F |                       |                       |              |
| OUTSIDE READINGS |                    |           |           |           |           |            |         |                       |                       |              |
| Location         | 0.78               | 0.41      | 1.67      | 8.24      | 22.03     | 11.09      | 63      | 44                    | 04-Apr-24 07:59:46 AM | BASELINE     |
| Location         | 0.24               | 0.12      | 0.66      | 3.80      | 16.96     | 10.63      | 64      | 37                    | 04-Apr-24 08:09:42 AM | BASELINE     |



**Red indicates the indoor values are greater than outside values = (Indoor air WORST THAN OUTDOOR AIR)**

Conclusion: The types and concentrations of particulates found in these areas are **GREATLY** compared to the levels found in the outdoor control sample. The result indicates that there is a **HIGH** probability of IAQ problems.

**EQUIPMENT USED**

|   |   |
|---|---|
|    | <p><b>Handheld 3016 IQ Particle Counter</b><br/>         UNTL/046/23-Calibration Exp 8/28/2024</p>    |
|   | <p><b>Advanced Sense Pro with IQ-610 Probe</b><br/>         UNTL/046/23-Calibration Exp 8/28/2024</p> |
|  | <p><b>FORMALDEHYDE / VOC DETECTOR</b><br/>         Calibration- Before Use</p>                        |
|  | <p><b>ZEFON BIO-PUMP PLUS</b><br/>         Calibration- Before Use</p>                                |
|  | <p><b>RYOBI BLOWER</b></p>  |

SAMPLE



**SAMPLE**

**APPENDIX – SAMPLE LOCATION DRAWINGS**

---



**SAMPLE**

**APPENDIX 1 – OFFICIAL LAB TESTING REPORTS**

---



**SAMPLE**

**BACTERIA SAMPLING REPORT**



**SAMPLE**

FUNGALS SAMPLING REPORT (Air-o-cell and Swab)



**SAMPLE**

## APPENDIX III – INSPECTION PICTURES

---



END OF REPORT

**SAMPLE**





**SAMPLE**



**SAMPLE**